It is easier and more convenient to order repeat prescriptions on line once you are registered at the Practice.

To register either go to the Practice website or call in at the surgery.

# Whooping cough (Pertussis)

#### Protecting the unborn child.

Getting vaccinated whilst pregnant may help protect your baby from developing whooping cough in the first few weeks of its life.

Whooping cough is a very serious disease and most babies who contract it will be admitted to hospital.

The best time to get vaccinated in order to protect your baby is from week 28 to week 32 of your pregnancy. However you can have the vaccine up to 8 weeks after your baby is born if you miss the recommended time.

The immunity that you get from the vaccine will pass to your baby and will give protection until it can be vaccinated at around 2 months.

For more information please contact the surgery

## Online services

Are you aware that you can now book appointments and request repeat prescriptions online?

If you also wish to view a medical summary, please contact the surgery as a special code has to be entered by your doctor.

Currently you can only view acute prescriptions, repeat medications and allergies. Over the coming years more of your medical records will available to view.

Please visit <a href="www.devonroadsurgery.co.uk">www.devonroadsurgery.co.uk</a> and go to the appointments page to access a registration form or call into the surgery. Please note, you will normally require two forms of identification.

#### SAVE TELEPHONE TIME-BOOK ONLINE

## Travel Vaccines

What medication do you need for your holiday abroad?

Check Travel Planner weblink www.areyouready2go.co.uk

## Social Media Alert

Did you know that you can now find the Surgery on Facebook at www.facebook.com/devonroadsurgery





Or follow us on twitter @devon\_road

#### Page 1

## DEVON ROAD SURGERY NEWS LETTER Autumn 2015

Welcome to this newsletter which is produced on behalf of the Devon Road Surgery by the Patient Participation Panel. Its aim is to keep you informed about the services provided by the Practice and any changes that may be taking place.

If there is anything that you would like us to feature in a future edition of the News Letter please let us know by dropping a note into the suggestion box in the surgery or email to Devonroadppp@nhs.net

### **Seasonal Opening Times**

24 <sup>th</sup> Dec 2015	Thursday ,Christmas Eve	Normal Surgeries until 4.30, *Urgent cover from 4.30-6.30	
25 <sup>th</sup> Dec 2015	Friday, Christmas Day	Closed	
26 <sup>th</sup> Dec 2015	Saturday, Boxing Day	Closed	
27 <sup>th</sup> Dec 2015	Sunday	Closed	
28 <sup>th</sup> Dec 2015	Monday, Bank Holiday	Closed	
29 <sup>th</sup> Dec 2015	Tuesday,	Normal hours	
30 <sup>th</sup> Dec 2015	Wednesday	Normal hours	
31 <sup>st</sup> Dec 2015	Thursday ,New Years Eve	Normal Surgeries until 4.30, *Urgent cover from 4.30-6.30	
1 <sup>st</sup> Jan 2016	Friday, New Years Day	Closed	
		Closed	
2 <sup>nd</sup> Jan 2016	Saturday	Closed	
2 <sup>nd</sup> Jan 2016 3 <sup>rd</sup> Jan 2016	Saturday Sunday	Closed Closed	

#### \*PLEASE NOTE

#### Urgent cases only.

<u>Please phone to get call back or appointment directly from the Doctor</u>

The Partners and staff of Devon Road Surgery would like to take this opportunity to wish their patients a very Merry Christmas/Happy Holidays!

## Seasonal Flu Clinics 2015

## Devon Road Surgery supports the NHS Flu Campaign.

Flu is a highly infectious disease with symptoms that come on very suddenly. Healthy individuals usually recover in 2 to 7 days, but for some the disease can lead to hospitalisation, permanent disability or even death.

Some of those considered most at risk, and in need of the flu vaccine, include pregnant women who can suffer from serious complications such as pneumonia, miscarriage or premature birth as a result of flu.

Others who are at risk are people who have a long-term health condition. Even if the condition is well managed there is a risk of complications as a result of Flu. These patients should take the opportunity to be vaccinated.

Those eligible for vaccination are:-All those aged 65 years and over

Those with certain long term health conditions such as Diabetes, Chronic Obstructive Pulmonary Disease, Chronic Heart Disease and Chronic Kidney Disease.

Pregnant women

Children aged 2, 3, 4 years of age. This will be given by the nurse as a nasal spray. This not only protects the child, but also helps to prevent the spread to those around them.

Flu Clinics in 2015 will be held on:

## Saturday 26<sup>th</sup> September Saturday 3<sup>rd</sup> October

For further information contact the Practice or check www.Flu-protect.co.uk

## New Vaccines for 2015

#### **Meningitis B**

This is a new vaccine to prevent meningitis strain B and will be offered to babies aged 2 months from 1<sup>st</sup> September 2015. This will then be followed by a second dose at 4 months, and a booster at 12 months.

( <u>Parents</u>- please bring liquid paracetamol with you to the appointment as it needs to be administered at the same time as the vaccinations)

There will also be a catch up programme for older babies.

#### **Meningitis ACWY**

Men ACWY Vaccine protects against four different causes of meningitis and septicaemia – meningococcal (men) A.C.W and Y diseases.

The vaccine will be offered to teenagers 14-18 years old.

Between 14 to 16 years they should receive their vaccination whilst at school.

The Devon Road Surgery will be targeting teenagers between the ages of 17 and 18 years old, but anyone from the age of 19 up to the age of 25 years is also eligible for the vaccine.

For more information please contact the surgery or look on <a href="https://www.nhs.uk">www.nhs.uk</a> under vaccinations.

## **Parking**

Parking has always been a problem at the surgery.

Did you know that a ramp is sometimes used at the surgery door to provide access for patients.

Your care when parking will make its use much easier. Thank you.

## Shingles vaccination

To find out if you are eligible for the shingles vaccination, please check the table below.

<u>1<sup>st</sup> Sep</u> <u>2015</u>	Age on 1 <sup>st</sup> Sept 2015	Patients birthday date	Eligible for vaccination 2015-2016?	31 <sup>st</sup> Aug 2016
Eligibilit y for	69 years or under	02/09/1945 or after	NO	Final deadline
this year's	70 years	02/09/1944 to 01/09/1945	YES	for eligible
patient group	71 years	02/09/1943 to 01/09/1944	YES	patients.
begins.	72 years	02/09/1942 to 01/09/1943	YES	
	73 – 77 years	02/09/1937 to 01/09/1942	NO	
	78 years	02/09/1936 to 01/09/1937	YES	
	79 years *	02/09/1935 to 01/09/1936	YES	
	80 years and over	02/09/1935 or before	NO	

\*NOTE. Patients who were aged 79 on 1<sup>st</sup> September 2015 will lose their eligibility on the day of their 80<sup>th</sup> Birthday.

## Patient Participation Panel (PPP)

The current panel members are:

Adrian Connell Chairman
Neville Machin Vice Chairman
Sally Bannayi Secretary

Patrick Coleman, Barry Rundle, Christine Rundle, Madeline Stuttle, Jennifer Strickland and Julie Robbins